

# What to do in the time of fear



Fear Not, God in control

Welcome

22-3-

## **CALL TO WORSHIP- Psalm 145**

I will exalt you, my God the King; I will praise your name for ever and ever. The LORD is gracious and compassionate and rich in love. The LORD is good to all; He has compassion on all He has made. *The LORD upholds all who fall and lifts up all who are bowed down.* The eyes of all look to you, and you give them their food at the proper time. The LORD is near to all who call on him, to all who call on him in truth. My mouth will speak in praise of the LORD. Let every creature praise his holy name for ever and ever. Amen.

**708**

**To God be the glory,  
great things he hath done!  
So loved he the world  
that he gave us his Son,  
who yielded his life  
an atonement for sin,  
and opened the life gate  
that all may go in.**

**Praise the Lord,  
praise the Lord,**

**let the earth hear his voice! Praise  
the Lord, praise the Lord,  
let the people rejoice!**

**O come to the Father  
thru Jesus the Son,  
and give him the glory,  
great things he hath done!**

**O perfect redemption, the  
purchase of blood,  
to every believer  
the promise of God;  
the vilest offender  
who truly believes,  
that moment from Jesus  
a pardon receives**

**Praise the Lord,  
praise the Lord,**

**let the earth hear his voice! Praise  
the Lord, praise the Lord,  
let the people rejoice!**

**O come to the Father  
thru Jesus the Son,  
and give him the glory,  
great things he hath done!**

**Great things he hath taught  
us, great things he hath done,  
and great our rejoicing  
thru Jesus the Son;  
but purer, and higher, and  
greater will be  
our wonder, our rapture,  
when Jesus we see.**

**Praise the Lord,  
praise the Lord,**

**let the earth hear his voice! Praise  
the Lord, praise the Lord,  
let the people rejoice!**

**O come to the Father  
thru Jesus the Son,  
and give him the glory,  
great things he hath done!**

# Bible Reading

Genesis 40 - 41:1-4

Sankey 745 or Rejoice 516

**When upon the storms of life  
you're tossed about,  
When you are discouraged,  
thinking all is lost,  
Count your many blessings  
name them one by one,  
And it will surprise you what  
the Lord hath done.**

**Count your blessings, name  
them one by one;**

**Count your blessings, see  
what God hath done;**

**Count your blessings, name  
them one by one,**

**And it will surprise you  
what the Lord hath done.**

**Are you ever burdened  
with a load of care?**

**Does the cross seem heavy  
you are called to bear?  
Count your many blessings,  
every doubt will fly,  
And you will be singing as  
the days go by.**

**Count your blessings, name  
them one by one;**

**Count your blessings, see  
what God hath done;**

**Count your blessings, name  
them one by one,**

**And it will surprise you  
what the Lord hath done.**

**So, amid the conflict,  
whether great or small,  
Do not be discouraged,  
God is over all;  
Count your blessings  
Angels will attend,  
Help and comfort give you  
To your journey's end**

**Count your blessings, name  
them one by one;**

**Count your blessings, see  
what God hath done;**

**Count your blessings, name  
them one by one,**

**And it will surprise you  
what the Lord hath done.**

Let us bring our  
Offerings to the  
LORD

# Psalm 91

Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the LORD, “He is my refuge and my fortress, my God, in whom I trust.” Surely he will save you from the fowler’s snare and from the deadly pestilence. He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday. A thousand may fall at your side, ten thousand at your right hand, but it will not come near you.

You will only observe with your eyes and see the punishment of the wicked. If you say, “The LORD is my refuge,” and you make the Most High your dwelling, no harm will overtake you, no disaster will come near your tent. For he will command his angels concerning you to guard you in all your ways; they will lift you up in their hands, so that you will not strike your foot against a stone. You will tread on the lion and the cobra; you will trample the great lion and the serpent. “Because he loves me,” says the LORD, “I will rescue him; I will protect him, for he acknowledges my name. He will call on me, and I will answer him; I will be with him in trouble, I will deliver him and honor him with long life I will satisfy him and show him my salvation.”

# Prayer of Thanksgiving Confession Intercession Petition

## The Lord's Prayer



**What to do  
in the time of fear ?**

# What to do in the time of fear ?

Some believe that chance or fate rules the universe, but the Bible shows us otherwise.

The Bible tells us that: God is in control of everything. It is evident from the Bible that God controls the universe, the physical world, the nations, and human destiny (Psalm 103:19)

*“The LORD has established His throne in heaven, and His kingdom rules over all”*



*“His dominion is an eternal dominion; his kingdom endures from generation to generation. All the peoples of the earth are regarded as nothing. He does as he pleases with the powers of heaven and the peoples of the earth. No one can hold back his hand or say to him: “What have you done?” (Daniel 4:34-35).*

# Five important truths about the Providence of God

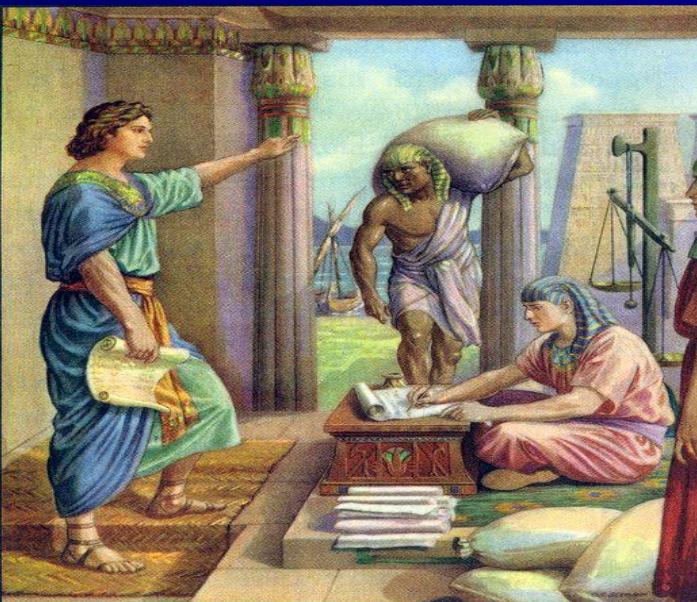
In the Light of the Word of God, here are five statements that summed up and unfold the meaning of God's providence;



- God upholds all things.
- He governs all events.
- He directs everything to its appointed end.
- He does this **all the time and in** every circumstance.
- He does it always for good for those who are His that they may glorify His name.

# Fear not, God is in control of everything

Four scenes in Joseph's life show us that God is in control of everything



At age 17, Joseph's brothers sold him into slavery. At age 23, he was accused falsely by Potiphar's wife and ended up 7 years in prison. At age 30, he became the second

At age 38 the famine started in Egypt and in the land of Canaan. At age 40 his brothers came to Egypt looking for help. At age 57 his father Jacob died and his brother asked him to forgive the wrong thing that they did to him (Gen. 47:28) But he told them that it was God's hand in all what had happened to save them.

The Bible says, that "When Joseph's brothers saw that their father died, they said, "Perhaps Joseph will hate us, and may actually repay us for all the evil which we did to him." So they said to him "Before your father died he commanded us to say,

*'Thus you shall say to Joseph: "I beg you, please forgive the trespass of your brothers and their sin; for they did evil to you."'*

*"Now, please, forgive the trespass of the servants of the God of your father."*

And Joseph wept when they spoke to him. Then his brothers also went and fell down before his face, and they said, *"Behold, we are your servants."*

Joseph said to them,

*"Do not be afraid, for am I in the place of God? But as for you, you meant evil against me; but God meant it for good, in order to bring it about as it is this day, to save many people alive.* Now therefore, do not be afraid; I will provide for you and your families." And he comforted them and spoke kindly to them (Gen. 50:15-21)

# Four Lessons from Joseph's Story (Gen 37-40)

Trust God Not  
Circumstances

Glorify God in what you

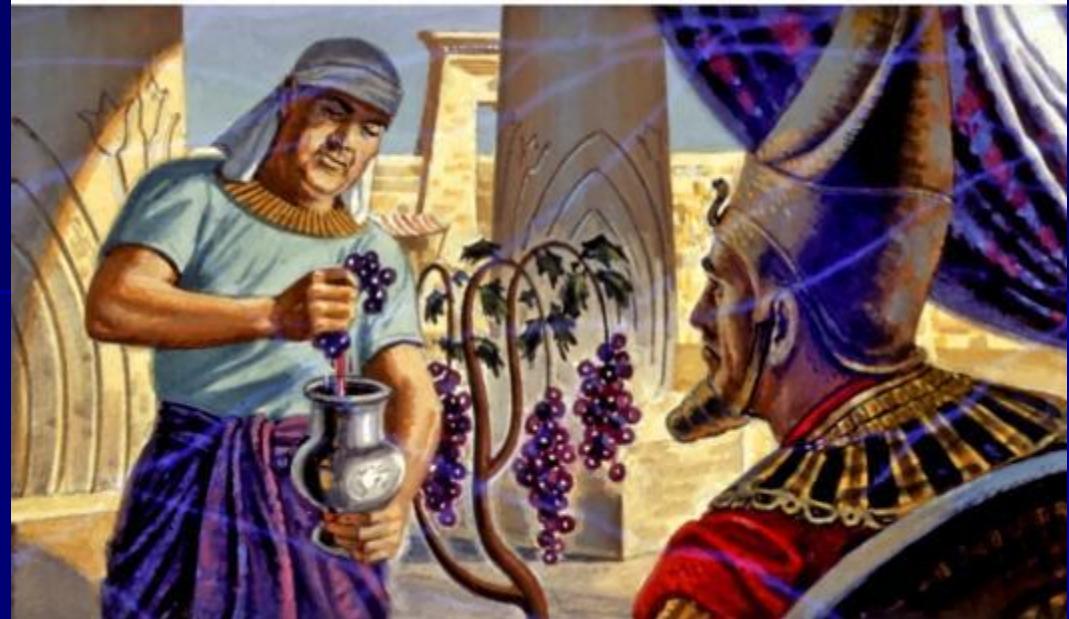
Forgive those who sin  
against you

Remember that God's silence does not  
mean His absence, He is there

*The LORD was with Joseph, and he was successful...  
And whatever he did, the LORD made it prosper.*

In the slave house, in the prison, and in Pharaoh's  
Palace

# **Trust God, Not Circumstances**



**When Joseph revealed the meaning of the cupbearer's dream, he thought this is a great opportunity to get out of his calamity. At that point he trusted the circumstances and he hoped it will help him . so he said to him:**

*“Within three days Pharaoh will restore you to your position, and you will put Pharaoh’s cup in his hand, just as you used to do before. But when all goes well with you, remember me and show me kindness; mention me to Pharaoh and get me out of this prison. I was forcibly carried off from the land of the Hebrews, and even here I have done nothing to deserve being put in a dungeon... Now the third day was Pharaoh’s birthday, and he gave a feast for all his officials. He restored the chief cupbearer to his position, so that he once again put the cup into Pharaoh’s hand. The chief cupbearer, however, did not remember Joseph: he forgot him” (Gen*

Trust God,  
Not  
Circumsta  
es

2 Years  
40:23

If we try to seem to help us out, we will experience disappointment, in the same way that happened to Joseph.



Trust in the LORD with all your heart, And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths (**Proverbs 3:5-6**)

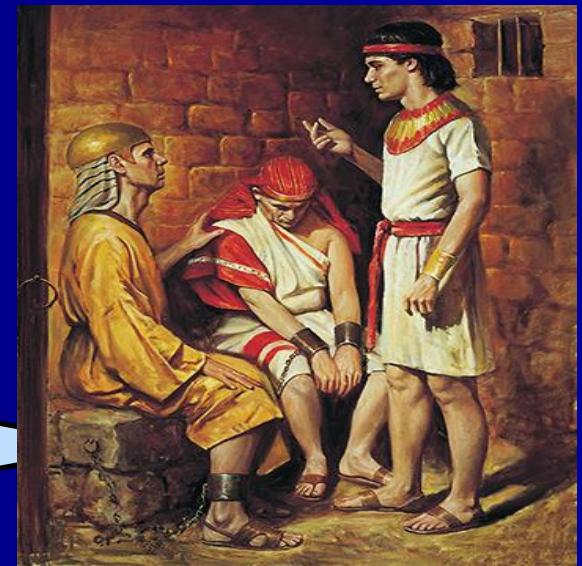
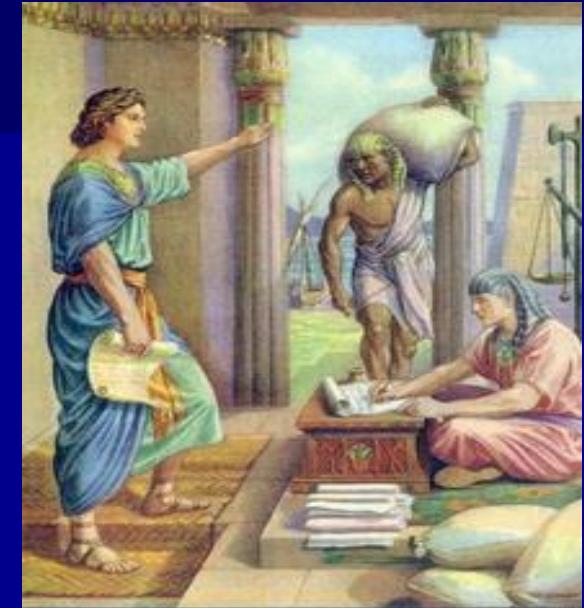
“Cursed is the one who trusts in man, who draws strength from mere flesh and whose heart turns away from the LORD. That person will be like a bush in the wastelands they will not see prosperity when it comes. *But blessed is the one who trusts in the LORD, whose confidence is in him.* They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no

## (2) Glorify God in what you do

### Joseph glorifies God in the house of slavery and also in . . .

Accepting his status as a slave, Joseph simply goes to work for Potiphar. And when he is cast into prison he again sets out to work hard. The Lord was with him.

“When things get bad around you; change what you can, and accept what you can’t”.



Learning to accept the circumstances help us to better face the trial, and move on and surely we will see that the Lord's hand was over us at all time.

***The LORD was with Joseph so that he prospered. Joseph found favour in Potiphar's eyes. Potiphar put him in charge of his household, and he entrusted to his care everything he owned. From the time he put him in charge of his household and of all that he owned, the LORD blessed the household of the Egyptian because of Joseph. The blessing of the LORD was on everything Potiphar had, both in the house and in the field. So Potiphar left everything he had in Joseph's care; with Joseph in charge, he did not concern himself***

Yes; Learning to accept the circumstances help us to overcome our trial and see the Lord's hand upon us.



## The LORD was with Joseph in the prison too

*Joseph's master took him and put him in prison. But while Joseph was there in the prison, the LORD was with him; he showed him kindness and granted him favour in the eyes of the prison warden. So the warden put Joseph in charge of all those held in the prison, and he was made responsible for all that was done there. The warden paid no attention to anything under Joseph's care, because the LORD was with Joseph and gave him success in whatever he did.*

# Joseph Glorifies God in the prison & in the Palace

In his interpreting dreams for those who troubled by it, he didn't take credit for himself, but he gave glory to God in Pharaoh's Palace.

The Cupbearer

to Joseph,

there is no

Then Joseph

**interpret**,

me now,

Pharaoh's

dream, and

But I have

when you hear

interpret it. Jos

on said, "**I cannot do it but God will give Pharaoh the answer he desires**"

Joseph acknowledged God as the only True God above all the gods of Egypt



# What to do when things turn against you?

Trust God Not

Circumstances

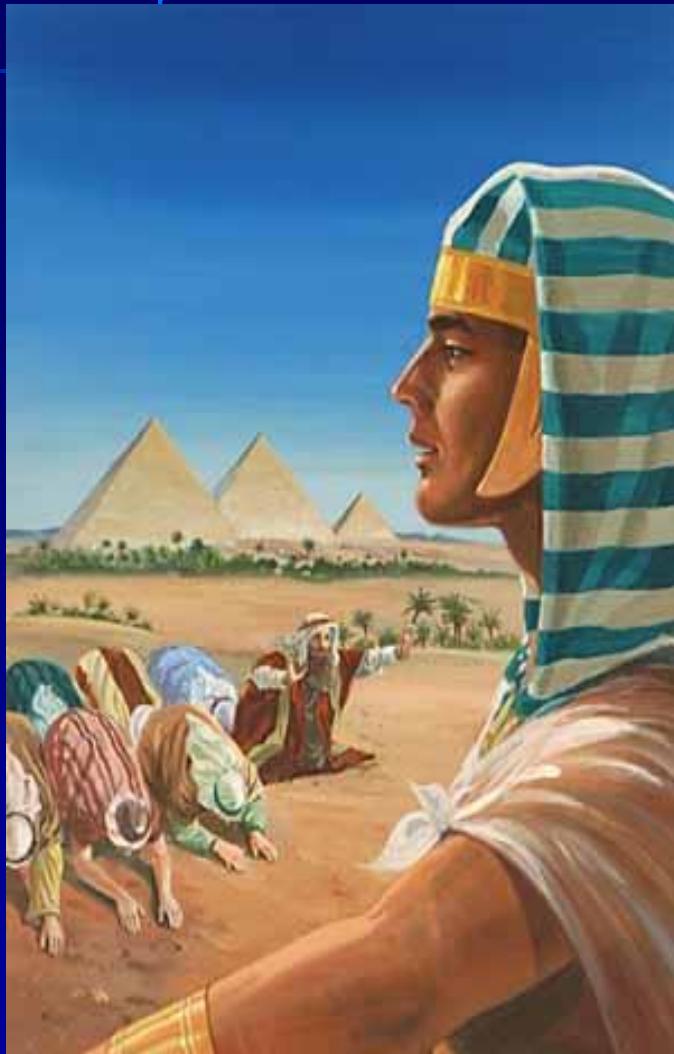
Glorify God in what you

Forgive those who sin

against you

Remember that God's silence does not mean His absence, He is there watching over you. And in all things He works for good for all His children who lean on Him.

**When we think of how great God's love to us and also He has given us His Spirit, then we would be able to forgive others**



Joseph knew that his sufferings had been part of a bigger picture of God's perfect plan and therefore he forgave his brothers freely.

When we forgive, we let go of all the bitterness and anger that can keep us from enjoying the abundant life that God wants us to have it in Christ our Saviour.

- ◆ We do not know what is going on behind the scenes - we just need to trust God.
- ◆ In all fear and crises we see, we need to recognize that it is the Lord's hand that will get us through. He is Sovereign & in control
- ◆ In your troubles of life ask God to fulfil His purpose in you and through you
- ◆ Say always with confidence "*Surely goodness and mercy will follow me all the days of my life, and I will dwell in the house of the LORD forever*"  
Psalm 23.

**770**

**Will your anchor hold in the  
storms of life,  
When the clouds unfold their  
wings of strife?  
When the strong tides lift,  
and the cables strain,  
Will your anchor drift or firm  
remain?**

**We have an anchor that  
keeps the soul  
Steadfast and sure while  
the billows roll,  
Fastened to the Rock  
which cannot move,  
Grounded firm and deep in  
the Savior's love.**

**Will your anchor hold  
in the straits of fear,  
when the breakers roar  
and the reef is near?  
While the surges rave,  
and the wild winds blow,  
shall the angry waves then  
your bark o'erflow?**

**We have an anchor that  
keeps the soul  
Steadfast and sure while  
the billows roll,  
Fastened to the Rock  
which cannot move,  
Grounded firm and deep in  
the Savior's love.**

**Will your anchor hold  
in the fiery storms  
when the fury flames rushed  
on your face?  
On the rising flames you  
can never burn,  
while your anchor holds in  
the Word of God.**

**We have an anchor that  
keeps the soul  
Steadfast and sure while  
the billows roll,  
Fastened to the Rock  
which cannot move,  
Grounded firm and deep in  
the Savior's love.**

**Will your eyes behold  
through the morning light  
the city of gold and the  
harbour bright?**

**Will you anchor safe by  
the heavenly shore,  
when life's storms are  
past for evermore?**

**We have an anchor that  
keeps the soul  
Steadfast and sure while  
the billows roll,  
Fastened to the Rock  
which cannot move,  
Grounded firm and deep in  
the Savior's love.**

Now to Him who loved us, gave us, every  
pledge that love could give,  
Freely shed His blood to save us,  
Gave His life that we may live.

Be the kingdom and dominion and the  
glory evermore. Amen.

در حال حاضر ، به او که ما را دوست داشت، به ما  
هر تعهدی که عشق می تواند بدهد، به طور رایگان  
خون خود را برای ما نجات داد، زندگی خود را داد که  
ما بتوانیم زندگی کنیم. برای او پادشاهی و سلطنت و  
شکوه و عظمت ابدی باشد.

Now unto Him who is able to keep  
Able to keep **us** from falling  
And present **us** faultless  
Before the presence of His glory  
With exceeding joy.  
**To the only wise God**  
**Our Saviour**  
Be glory and Majesty  
dominion and power  
**Both now and forever, Amen.**